#### <u>Skin Tip Tuesday</u>

## 4 Benefits of a Facial ......

01 Anti-aging & wrinkles

02 Helps you manage stress and anxiety



## 04 Removes toxins from your pores



## 01 Benefit: Anti-aging & Wrinkles

Anti-aging facials are effective, non-invasive treatments to prevent or reduce fine lines and wrinkles, lighten hyperpigmentation and tighten the skin.

Try our Collagen & Elastin Ultrasonic Anti-Aging Facial \$95

This facial combines a unique formulation that combines collagen and elastin to regenerate, rehydrate, and revitalize the skin. Excellent for combination and dry/mature skin.

# O2Benefit:<br/>Stress and<br/>Anxiety<br/>Management

The massage portion of your facial wasn't added by accident. By massaging the face the esthetician increases blood flow and helps drain any excess fluid from your facial area.

Your professional will most likely have some sort of aromatherapy, either in the room or on the towels while giving a facial. These aromas <u>help to calm and relax you during the</u>

#### service.

Try our Go & Glow PCA Oxygenating Facial \$95

This antioxidant facial encourages skin cell turnover, leaving skin purified, glowing, and radiant.

## 03 Benefit: Improved Blood Curculation

Professional facials help increase circulation in your skin by promoting new skin cell growth which leads to healthier and younger looking skin! Facial massages and dry brushing are both techniques the esthetician might use during your appointment to achieve this.

Try our 30 Minute Facial

#### Cupping & Facial Massage \$55

This relaxing facial treatment increases circulation, lymphatic drainage, reduces inflammation, builds elastin & collagen, helps to penetrate antioxidant serum, and plumps the skin!

### Benefit: Toxin Removal

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Our face encounters so many things throughout the day – be it pollution, germs or free radicals, which can get into our pores and cause breakouts. One of the main benefits of a facial is removing the toxins so your skin can breathe and shine.

A professional esthetician will use ingredients that open up and clean your pores thus minimizing acne and

other problems toxins can cause.

#### Try our PCA Corrective Peel \$125

This professional grade exfoliation rejuvenates skin tone, smooths fine lines and wrinkles, and fades sun damage and hyper pigmentation.

## Facials at YogaFace & Body Spa

Each facial at YogaFace & Body Spa is designed to suit your skin's needs at the time of your visit.

A full treatment includes a double cleanse, face-mapping analysis, customized exfoliation enzyme, extractions w/steam, facial massage, and hot stone arm massage. Customized mask, serums,

#### moisturizer, and SPF.

Dermalogica, SkinScript, Mad Hippie, PCA, and Bio Therapeutic Skin Care products are featured within our customized facials.



## Book an Appointment!

& Check out our Skin Care

PCA SKIN

Dermologica

Skin Script

Mad Hippie

Phone: (815) 999-9143

Web: yogafacespa.com

Located at: 1215 N Cedar Rd, New Lenox, IL 60451



#### Book and appointment with one of our professionally certified estheticians to rejuvenate your skin!

