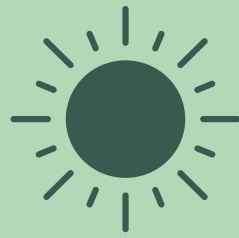




SKINCARE ROUTINE

SKIN TIP TUESDAY

DAY



NIGHT

Cleanser

1

Makeup Removal

Exfoliate
2-3 Times/Week

2

Cleanser

Toner

3

Toner

Serum

4

Serum/Retinol

Eye Cream

5

Spot Treatment

Moisturizer

6

Moisturizer/Night Cream

Sunscreen

7

8 Hours of Sleep

Cleanser

Gently Remove Impurities

Remove make-up, dead skin cells, oil, dirt, and other types of pollutants from the skin, helping to keep pores clear and prevent skin conditions such as acne.



Exfoliate

Buff Away Dirt & Dead Skin

Smooths the skin's surface by sloughing off dry, flaky cells, which helps even out skin texture and minimize the appearance of discoloration. The smoother your skin is, the better your makeup looks.



Toner

Refresh & Tighten Your Skin

Toner removes any last traces of dirt, grime, and impurities stuck in your pores after you wash your face. When used regularly, it can have a major positive impact on the appearance and tightness of your pores.



Serum

Target Your Skin's Needs

Serums are designed to deliver high concentrations of specific ingredients to the skin. There are many different types of serums that perform different jobs, ranging from hydration to skin brightening.





SKINCARE ROUTINE

PART II

Eye Cream

Fine Lines, Dark Circles, Puffiness

Eye cream is a targeted moisturizer that hydrates the eye area and reduces the appearance of fine lines and wrinkles. Look for eye creams that contain ingredients like hyaluronic acid and ceramides for hydration and wrinkles.



Spot Treatment

Attack active breakouts

Spot treatments deliver acne-fighting ingredients directly to the offending blemish. They can help reduce redness, swelling, and pain. They can also help loosen or dissolve the blockage within the pore that created the blemish.



Moisturizer

Hydrate your skin

the basic job of a face moisturizer is to hydrate skin and help keep it from drying out. But there are many benefits to using a moisturizer including: prevent dryness, slow The signs of aging, help fight acne, and soothe sensitive skin.



Sunscreen

Protect Your Skin from UV Rays

Sunscreens are used to protect the skin from the harmful effects of the sun. Choose a broad-spectrum sunscreen that protects against both UVA and UVB radiation. Make sure it is water resistant and has an SPF of 30 or higher.



BOOK AN APPOINTMENT!

& Check out our Skincare
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